



**ACTIVE
BALBRIGGAN**

Be surprised
visit balbriggan



WALK RUN CYCLE

Balbriggan in North County
Dublin has so much to offer
locals and visitors alike.



**SMART
BALBRIGGAN**
A Smart Dublin District



BALBRIGGAN

Imagine the possibilities • Get Involved

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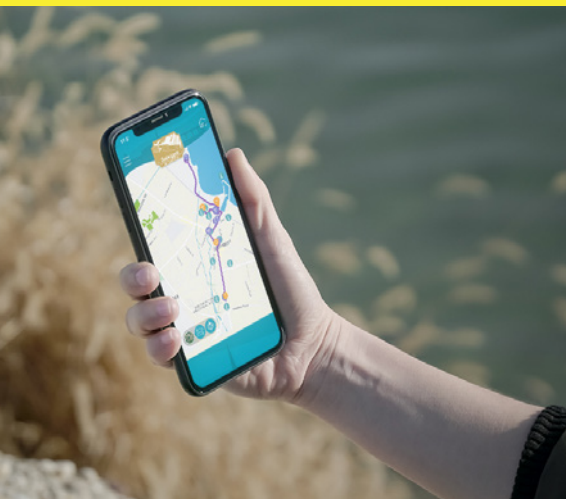
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CYCLE

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WALK

Scenic & Leisure Walks

Sailors Grave Walk

In 1875 the Belle Hill ship sunk off the Balbriggan coast. Along this walk a memorial plaque can be seen to honour the tragic event. Start this walk at the Martello tower and head left down the coast. Once you pass Balbriggan's historic old boathouse and bathhouse, you will spot a small path ahead leading you to the rest of the way via the beach (when tide is in, small section is moderate difficulty).

The beach mourns the sailors by washing up beautiful seashells to decorate the cairns of stones. It is tradition for any visitor to add a stone from the beach to the cairn, so be sure to do the same!



Time 30mins
Difficulty: Easy/Moderate



Harbour Walk

The Northern Irish Mountains on a clear day, inspiring lyrics by musician Percy French and celebrated by Don McLean. Extend your walk past Balbriggan's front beach and onto the Martello Tower the most northerly of twelve towers found all along the Dublin coastline. These towers were built for defensive purposes following the renewal of war between England and France in 1803.



Time 15mins
Difficulty: Easy



Southern Coastal Walk (the Lady's Walk)

Starting in Ardgillan Castle and Demesne, you can cross the footbridge known as the Lady's Stairs to access Balbriggan's southern beach, known locally as Lady's Grave Beach. The Bridge is known for the Ghostly Figure of a lady who is seen wandering the bridge at night. As the story goes It is said the Lady of the Stairs was the Lady of Ardgillan Castle, Lady Louise. She lost her life in a drowning accident,

as she was known to swim the waters at Barnageera beach. She was buried on the beach that both, she and Lord Langford often spent their days on. She now haunts the bridge looking for company. After crossing the Lady stairs, carry on your walk down to Barnagerragh beach for fantastic Rock pooling and you can wander Ardgillan Castle on your way back.



Time 40-60mins
Difficulty: Moderate



Castle Walk

Take a walk from castle to castle along Balbriggan's coastal road. Bremore Castle, estimated to have been built in the 14th century, work is nearing completion on its complete rebuild whereas Ardgillan castle was built 4 centuries later in the 1700s. Post a picture of your favourite castle to your story and make sure to use #ourbalbriggan



Time 1hr 30 mins
Difficulty: Easy / Moderate



CREATIVE ARTS WALK

Scenic & Leisure Walks

1. Lithophone by Darren Rogers (playground)
2. Wish You Were Here mural by Dave West (beach wall)
3. The Banks Mural by Sean Molloy (beach wall)
4. Sunrise Mural by Akvile Simanskiene (beach tunnel)
5. Lighthouse Art Group paintings (Convent Ln wall)
6. Sack of Balbriggan 1920 mural by Subset (The Central Pub)
7. Tree of Life Mural by Akvile Simanskiene (wall)
8. Pigeon mural (Pigeon club)
9. Wall Of Flowers (George's Hill)
10. Irish Institute of Music & Song & The Lark (Church St)
11. Future Creative Hub (2-4 Dublin Street)
12. The Warehouse by Subset (Vauxhall St)
13. The Swans by Violeta Sav (Vauxhall St Wall)
14. Harry Clarke Stained Glass Windows (St. Peter & Paul's Church)
15. Open Volumes Sculpture by Mark Ryan (Roundabout)



Discover Balbriggan

With The New Dublin Discovery Trails App



EXPERIENCE the rich history of Balbriggan come to life with the Dublin's new **Augmented Reality App**.

Download today!



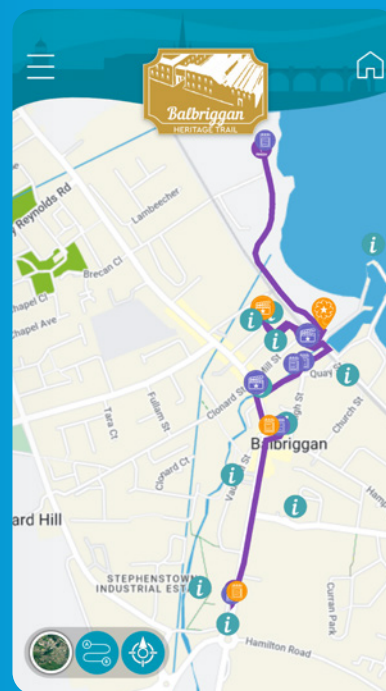
Snap and share your discoveries using **#DublinDiscoveryTrails**

Comhairle Contae
Fhine Gall
Fingal County
Council



App

Wander the town visiting the Harry Clarke windows and learn about the era when Queen Victoria's Stockings were made in Balbriggan! Experience via augmented reality what it may have felt like to witness the tragic shipwreck of the Belle Hill and many other interesting stops on the tour.



Download the new Dublin Discovery app and enjoy a tour of the history and heritage of Balbriggan including videos and an augmented reality experience

Active Walks

When you want to get your daily steps in or simply need to get out of the house for a while, these walks are for you.



Millfield Loop

Starting beside Millfield Shopping Centre, continue straight through the first roundabout you meet, at the second roundabout take the left. Carry on straight until you come to the third roundabout. take the left turn onto Clonard Street and continue until you come to the crossroads, turn right at crossroad and head straight on until your back at your starting point.



Time 30 mins
Difficulty: Easy
Distance: 2.6km



Harry Reynolds Loop

This route starts outside St. Peter and Paul's Church on Dublin Street, head left towards the roundabout where you will turn right, onto the Harry Reynolds Road. Follow the Harry Reynolds Road to the end, turn right at the roundabout and continue straight. You will come to a T junction/Drogheda Street, turn right, and follow the street back to your starting point.



Time 40 mins
Difficulty: Easy
Distance: 3km



Mill Pond Park

Starting at the Church Car Park, continue to the Skate Park, you can make your way along the Bracken River around the Mill Pound Park, observe the beauty of natural surroundings, and appreciate the biodiversity of the area.

Wandering across the two bridges along the way will lead you to the Warehouse on Vauxhall Street and turning right you will see The Swan Murals painted by Local artist Violeta Sav. You can choose to meander further down Vauxhall Street along the grass or cut across the park back towards the skatepark and finish back at your starting point.



Time 20 mins
Difficulty: Easy
Distance: 2km

1. Car park
2. Skate park
3. Mill Pond Park
4. Mill Pond Park Bridge
5. Bridge Point
6. The Warehouse
7. The Swan Murals
8. Mill Pond Park Vauxhall St
9. Mill Pond Park Point



Bypass Loop

This Route starts outside St. Peter and Paul's Church on Dublin Street, head left towards the roundabout where you should turn right and continue walking straight until you reach the fourth roundabout. Then turn right onto Clonard Road. When you reach the crossroads, turn left onto Castlelinks Road. Follow the Castlelinks Road straight down until

you reach Baron's Hall. At the end of Baron's Hall turn right and follow the road around to the left onto Brega. Continue straight down this road and onto Hamlet Lane, at the end of this road you will come to Drogheda Street. Take the right turn and carry on straight down the Main Street until you find yourself at the Church, where you started.



Time: 1hr 15 mins
Difficulty: Easy
Distance: 6km

RUN

We also have some suggestions below for novice/junior runners.

Park Run

The 5km park run takes place in Ardgillan Castle and Demense every Saturday at 9:30am. This free weekly event is open to all but make sure you register at www.parkrun.ie/ardgillan to receive a number to print out in order to keep track of your time.

Junior Park Run

The Junior Park Run is a 2k event for juniors only (4 to 14-year olds), which takes place every Sunday at 9:30am in Bremore Castle Park. This is a free event but make sure to register in advance at

parkrun.ie/balbriggan-juniors

Balbriggan Runs

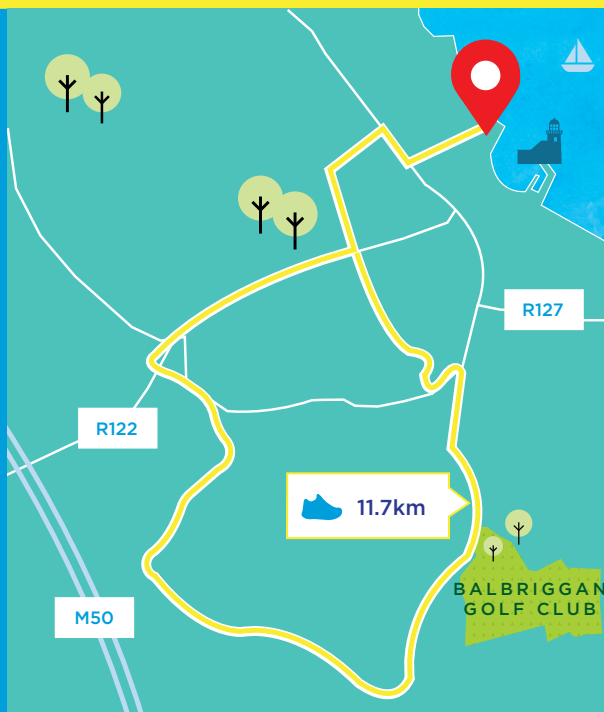
The runs below have been suggested by Colleen McKenzie on behalf of the Balbriggan Roadrunners. The Roadrunners meet regularly so be sure to check them out on Facebook and Get Involved! or map your run with the Run Your Town app developed by Fingal's Sports Office - (<http://learning.fingal.ie/mod/page/view.php?id=758>).

Martello Loop

Start at Martello Tower, carry on out pass the Garda Station and onto the Harry Reynolds Road up to the Graveyard, turn right towards the Naul and head straight until you meet the second roundabout. Turn left and head towards EEC hardware then take the first right onto the small road. At the end of this road turn left and this will bring you up Balbriggan Rugby Club. Head back towards balbriggan when you get to the bottom of that road. Follow the road back around the Harry Reynolds Road, Past the Garda Station and back to the Martello Tower.



Difficulty: Easy
Distance: 11.7 km

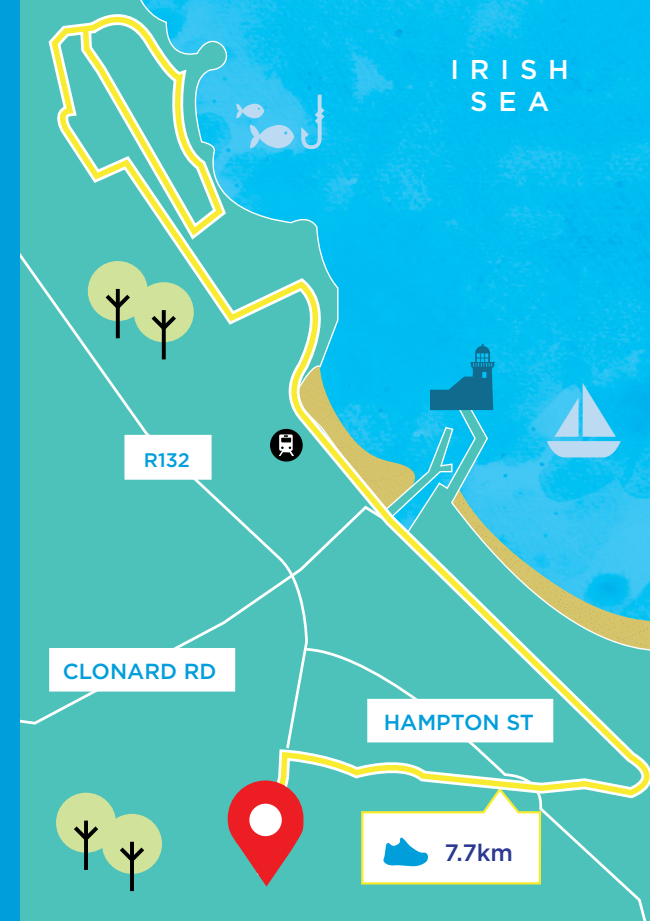


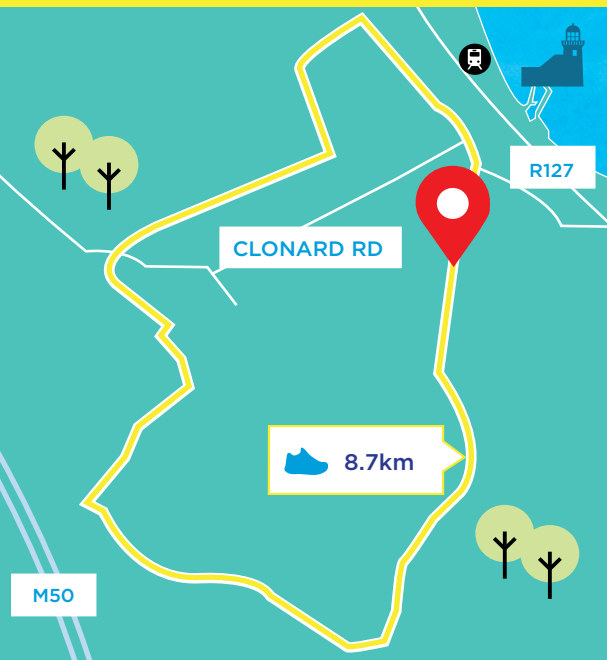
Seafront Grass Route

Start at Church car park - right at credit union past Lidl to the county bridge. Left after the bridge and down to Martello/bandstand via the viaduct and beach path. Towards Bath Road, take a right onto the grass straight after going under the railway bridge. Pass the all weather pitches and right on the road/trail towards the sea. Take the path up to Bells field, under the railway bridge and do 1.5 full laps of the pitches. Exit the field through the tunnel under the railway next to Balbriggan FC and head back towards Martello tower. Follow outward route back to the car park.



Difficulty: Easy
Distance: 7.7 km





Church Car Park Loop

Start at Church car park and out to Balrothery. At end of village turn right onto Cricket/Rugby club road (half 10km route) After 1.5km on this road turn right onto small road to bring you back to EEC hardware/Techrete road. Past Millfield, graveyard, Garda station and through town back to car park.



Difficulty: Moderate
Distance: 8.7km

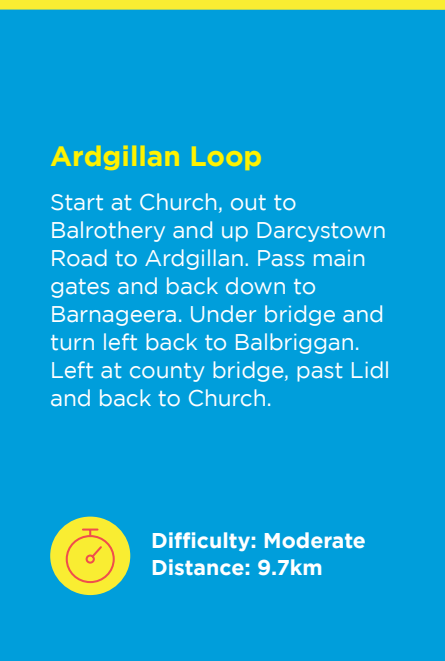


Balrothery Loop

Start at Church car park, continue out to Balrothery and up towards Man O War. Take the first left off this road and left again to head back to Balrothery and the Church car park.



Difficulty: Moderate
Distance: 8.8km

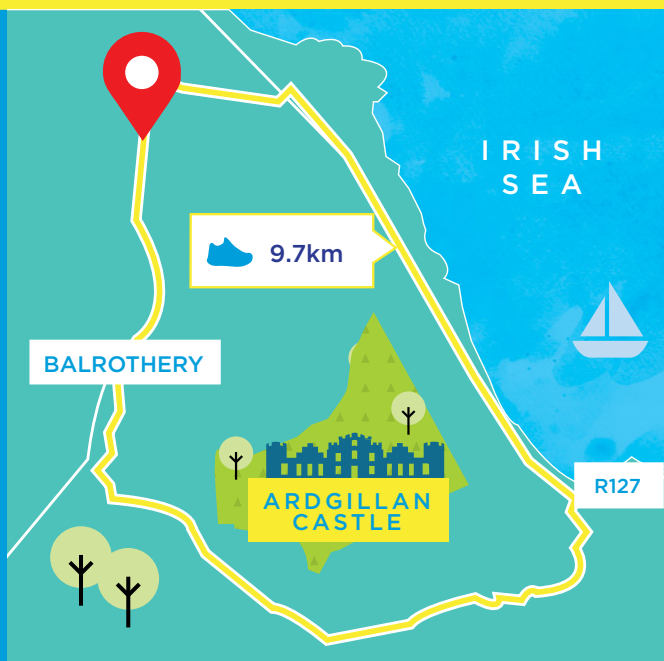


Ardgillan Loop

Start at Church, out to Balrothery and up Darcystown Road to Ardgillan. Pass main gates and back down to Barnageera. Under bridge and turn left back to Balbriggan. Left at county bridge, past Lidl and back to Church.



Difficulty: Moderate
Distance: 9.7km

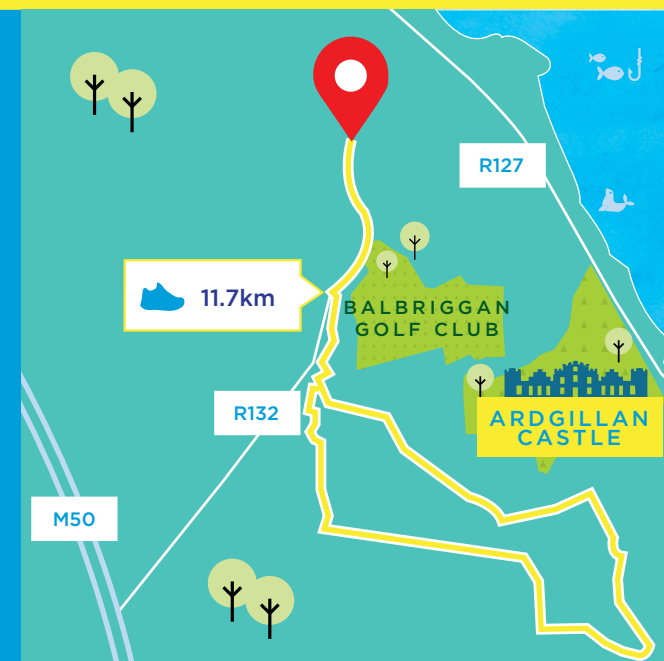


Balrothery Extended Loop

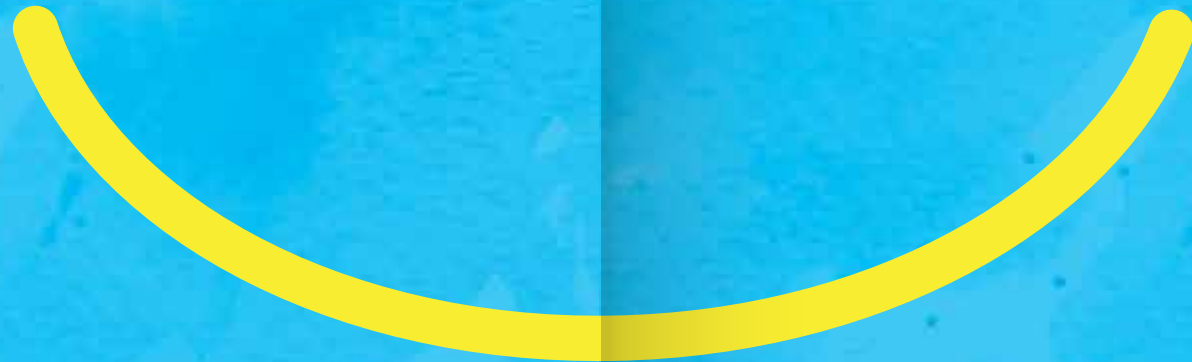
Start at Church car park, continue out to Balrothery and up towards Man O War. First left off this road, then right, left and left which will bring you to Ardgillan gates. Turn left back towards Balrothery and Church car park.



Difficulty: Hard
Distance: 11.7km



EXPLORE BALBRIGGAN



CYCLE

Velo Club Balrothery

Velo Club Balrothery is a local club who cater for all levels of cyclist. We always encourage new members and have regular spins every weekend. We have an active Leisure and Racing membership. It's a great way to make new friends and to improve your fitness.

For anyone interested in joining or for other information please contact veloclubbaltrothery@gmail.com or contact us through our Facebook page.

"Whether you're a newbie or an expert, the VCB have got you covered. The area around Balbriggan and North County Dublin offers a lot of fantastic cyclic routes. We are truly blessed to have such variety on our doorsteps. There is a great mix for beautiful countryside, some amazing coastal views and even some decent climbs!"

Tony O'Farrell - Velo Club Balrothery Secretary



Blepper bikes and TIER are offering bikes to rent in Balbriggan. Download the apps and get active.

Beginner Route

For those new to cycling I would recommend keeping it simple and flat. For a nice local spin, the road from Balbriggan to Skerries is one of the most beautiful in Dublin. Starting from Balbriggan Harbour just follow the coast road. As you approach the bend in the road at the Railway bridge be aware of cars coming from the right. Drivers generally give you plenty of room on this straight road but can pass at quite high speeds. Reward yourself with a nice coffee or ice cream when you hit Skerries or use the thought of ice cream as an incentive to get you back to Balbriggan!



Time 45 mins - 1 hr



Intermediate Route

For a more challenging spin, start with the beginner route then continue through Skerries and on to Loughshinny. The hill coming out of Skerries towards Loughshinny can be challenging for the Newer Cyclist but remember to select the easiest gear you have; you will meet the challenge! Take the left at the Yacht Bar and head down Mine Road. The views as you approach the coast from the Mine Road are fantastic. Turn left and head to the Harbour when you reach the T junction, take a quick break to admire the beautiful harbour., then head out of Loughshinny to the main road. At the crossroads head straight through and continue to Baldongan Castle where again there is a small climb, but the views are worth the effort. From Baldongan continue to the Man O War/ Balrothery and home.



Time 1 hr - 90 mins

Advanced Route

If looking for a real challenge, you can't beat The Hills around south Meath. From Balbriggan head towards the Naul. At Naul turn right at the Seamus Ennis Centre and head up the famous Snowtown Hill. Continue over the hill through the crossroads towards Bellewstown and approach the always challenging Mullaghtelin Climb with beautiful coastal views all the way to the Mourne Mountain. Keep on the R108 until you reach Juilanstown to Duleek Road. Head towards Duleek and after 2k you will find a left hand turn for Bellewstown. This road(L1615) will bring you to one of the toughest climbs in our region with gradients up to 18% at parts and real test. Once you get to the top of Bellewstown Racecourse you can either head back towards the R132 for a flat return to Balbriggan or return via the Naul for even more climbing. You will have a great sense of accomplishment having completed these climbs.



Time 2 hr +



Cycle Routes

- START POINT
- BEGINNERS ROUTE
- INTERMEDIATE ROUTE
- ADVANCED ROUTE



The Fingal Coastal Way will extend from Newbridge Demesne in Donabate to Balbriggan, stretching approximately 32km. Updates on all projects in the Balbriggan area www.balbriggan.ie.

1. Railway Viaduct and RNLI Boathouse
2. Quay Street
3. Balbriggan Harbour
4. Redevelopment of the Main Street
5. Future Creative Hub (2-4 Dublin St)
6. Mill Pond Park and Nature Walk
7. Bremore Regional Amenity Park
8. Martello Tower
9. Railway Street
10. Bremore Castle
11. Balbriggan to Skerries Greenway
12. Harry Reynolds Road Pedestrian and Cycle way



Latest news and updates on www.balbriggan.ie

